

CLYST HEATH NURSERY AND COMMUNITY PRIMARY SCHOOL

SEX AND RELATIONSHIP EDUCATION (SRE) POLICY

Introduction

At Clyst Heath, we believe the purpose of Sex and Relationships Education (SRE) is to assist young people to prepare for adult life by supporting them through their physical, emotional and moral development and helping them to understand themselves, respect others and form and sustain healthy relationships.

Sex and Relationship Education is an entitlement for all children as part of the National Curriculum however, it is not just about reproduction and sexual health, but must also strive to enable children to act responsibly in making and maintaining relationships with others, to feel good about themselves and the choices they make.

Rationale for whole school approach

- Ensure pupils receive accurate and appropriate information by answering pupils questions openly, honestly and appropriately
- To help pupils develop healthier, safer lifestyles through positive behaviours, positive choices and through access to correct terminology
- To ensure all sex education is presented in the context of family life and loving relationships
- Sex Education lessons will be delivered to the key stage two children and the school nurse may be invited to attend
- The Channel 4 series of programmes will be used as teaching material for these lessons, and are available for previewing by parents
- Although in Key Stage one there will be no specific Sex Education input, it will be taught as part of the science and PSHE National Curriculum.

Programme of study

- all children are taught that humans and other animals can produce offspring and these offspring grow into humans/animals
- 'Growing' programme in Unit 1's Living and Growing series which looks at living/non living things, parts of the body, life cycles, growing up and where do things come from, will be shown to Years 3 and 4 and 5, with follow up discussion and class work (using the Living and Growing Unit 1 Resource book)
- The 'Changes' programme in Unit 2's the Living and Growing Series which looks at the physical and emotional changes at the onset of puberty will be shown to Years 5 and 6 with follow up discussion and class work
- The 'How Babies are Made' and 'How Babies are born' programmes in Unit 2 which looks at how babies are made, the importance of loving and caring relationships, lifecycles and birth will be shown to Year 6 pupils with follow up discussion and class work.
- The Unit 3, entitled 'Girl Talk' and 'Boy Talk' highlights the physical and emotional changes at the onset of puberty, the physical and emotional changes/development of relationships, conception, contraception and the images of sex portrayed in the media and this will be shown to Year 6 children (boys and girls separately)

We will treat questions that the children may wish to ask with sensitivity – a question box is available in the upper Key Stage 2 lessons, where the children can post their questions/concerns. These will be dealt with appropriately and honestly, however some issues brought up may be inappropriate and they will not be answered. The children will be made aware that these concerns will be addressed during their Sex and Relationships Education in Key Stage 3.

Working with parents

Parents have been involved in evaluating this programme of study and in Key Stage 2, parents will be informed by letter before SRE takes place. The videos are available for viewing, if any parents wish to do so and if there are any parental concerns, we will be happy to discuss them.

Inclusion

This policy is written with the inclusion of all pupils in mind. Its content will be differentiated to accommodate all levels of ability. Under the Education Act 1993, pupils can be withdrawn from the Channel 4 programmes of study, however parents cannot withdraw their children from aspects of Sex Education which are part of the National Curriculum. Parents wishing to withdraw their children will be invited to discuss their concerns and the impact the withdrawal may have on their child. A request for withdrawal does not have to be written, but if it is not the school has to confirm in writing that it has been made.

Monitoring and evaluation

This policy will be reviewed every year and the effectiveness of the programme will be monitored by the Governors, taking into full account the views of parents, pupils and staff.

To be reviewed every three years